

Course Syllabus

Course Title	Low Level Access Training Course
Duration	½ Day course, lasting a minimum of 3½ hours
Who will benefit from this course	Personnel who work from prefabricated units under 2.5m of height
Learning Objectives	How to safely assemble, dismantle and relocate low level access units without risk of personal injury to the delegate or others
Method	Instruction both in theory and practical sessions
Assessment	Closed book course with a pass mark of 80% in both theory and practical
PPE	Suitable head / foot protection and gloves during the practical session
Course content	Current Legislation, Regulations and Guidance affecting work at height with low level access units, PASMA Code of Practice, PAS250 (Publicly Available Specification), assembling, altering and dismantling low level access units incorporating current best practice for fall protection, inspection of completed low level access units and completion of Tower Inspection Records; hazards affecting the use of low level access units
Instructor delegate ratio	Maximum of 1:12
Venue requirement	A suitable classroom to accommodate 12 delegates for the theory session and an indoor area suitable for a practical session
Supporting Documents	A course content and notes booklet and a current Code of Practice booklet will be issued to all delegates who attend the course
Award	A PASMA Certificate and PhotoCard will be issued to successful delegates who complete the Theory and Assessment sessions at the level they attend the course which has a five year validity period
Literacy, Fitness & Health <i>(Extract from the PASMA Code of Practice)</i>	<p>Since the safe use of mobile towers requires that you consult safety notices and read and thoroughly understand the manufacturer's instruction manual, literacy and language comprehension are important requirements for any tower user. Similarly, since the assembly and use of mobile access towers can be physically demanding, users should be physically fit and in good health and should, generally, not have problems with eyesight or hearing, heart disease, high blood pressure, epilepsy, fear of heights / vertigo, giddiness / difficulty with balance, impaired limb function, alcohol or drug dependence or psychiatric illness.</p> <p>If delegates have any problems with literacy or language comprehension, or have any doubts about their fitness to use mobile access towers, they must bring them to the attention of their employer. This need not preclude them from using mobile access towers, provided their employer conducts an assessment and is able to put into place adequate measures, to take account of any difficulties they may have.</p>
Qualifications & Experience	No formal qualifications or experience are necessary, but it would be beneficial if delegates had a basic understanding of work at height issues